21 Doctor • 4 days ago

🔶 SUMMARY OF EPISODE 1:

🔷Every person has 1 devil and 4 angels assigned to them. 2 guardian angels: (1 in front of you and 1 behind you) and 2 angels that record your deeds.

🔷1 devil has been assigned to tempt you towards sin.(of course environment and deeds can attract even more shayateen) but in general, you are more protected than harmed with a ratio of 4 is to 1.

🔷These guardian angels are with you through out the day. They protect you from any sort of harm that has not been decreed to harm you, even if its an ant that is going to bite your ear. Those angels will shoo away everything.

🔷The only time a person is harmed, is when that angel is told to step down because Allah has willed a harm to come upon you. Your date of death, lifespan etc was already written by an angel in the womb of your mother.

🔷As the decree of death comes your way, that is when the guardian angels step aside only for your soul to be transfered to another group of angels that are there to receive you, with either the shroud of paradise or the shroud of hellfire depending upon your destiny.

593 32

VIEW 32 REPLIES

21 Doctor • 2 days ago

🔶 **SUMMARY OF EPISODE 2:**

🔷 Allah has commanded the kiraman katibin (angels on the right and left) to write. Not a single word, nor expression that we utter goes unrecorded.

🔷 As these angels write down, they have a sense about the type of deed you are about to commit. Before a good deed, the soul emits a beautiful sent of musk. Before a sin, the soul emits a nasty stench so the angels are apprehended beforehand that a sin is on its way.

🔷 These dutiful angels will record everything but with one exception however:

■ When a person first commits a sin, Allah commands the angel on the left to hold its pen for 6 hours. (not in the literal sense of 6×60 minutes, but the phrase translates as a time duration for 6 periods of time that Allah knows best)

■ If the person repents within that period of time, the sin will not be recorded. This is a unique situation when the angel is told to not even document the sin.

🔷 A sin is written down as 1 sin if the person commits it. But a good deed (at the minimum) is counted as 10-700 good deeds, up until whatever Allah decrees it to be.

🔷 From the mercy of your Lord the Supreme: He commands the angel on the left, to show leniency and hold the pen. Just so that we are given extra time to see the error of our ways and too immediately come back repenting with Istighfar moist on our tongues. Not only will Allah allow the sin go undocumented, but Allah will allow a good deed of Istighfar to be documented in its place which will InshaAllah lead us to our salvation on the Day of Judgement.

21 Doctor • 1 day ago

@Mumena Begum

🔶"Never give up hope of Allah's Mercy. Truly no one despairs of Allah's Mercy except those who have no faith." [Surah Yusuf: 87]

🔶 **On the authority of Anas (may Allah be pleased with him), who said:**

I heard the Messenger of Allah (ﷺ) say: Allah the Almighty said: O son of Adam, so long as you call upon Me and ask of Me, I shall forgive you for what you have done, and I shall not mind. O son of Adam, were your sins to reach the clouds of the sky and were you then to ask forgiveness of Me, I would forgive you. O son of Adam, were you to come to Me with sins nearly as great as the earth and were you then to face Me, ascribing no partner to Me, I would bring you forgiveness nearly as great as it. It was related by at-Tirmidhi (also by Ahmad ibn Hanbal). Its chain of authorities is sound.

21 Doctor • 2 days ago

🔶 SUMMARY OF EPISODE 3:

🔷There are moments when the angels around a fasting person send blessings and pray upon them.

Those moment are:

🔷 **At the time of Sahoor:** "Verily Allah and His angels send blessings upon those who take the pre fasting meal." That is why the Prophet ﷺ encouraged us to take the pre-dawn meal, even if its just a sip of water.

🔷 **Finding it challenging to be around people who are eating whilst you are fasting:** "If a person is fasting around people that are eating, the angels will pray upon that person (and continue to seek forgiveness for that person) until those people have had their fill."

■ This applies to voluntary fasts as well

■ This applies to being in the persence of muslims who are not obliged to fast due to a reason for which they aren't sinful.

■ Being in the presence of people who dont consider fasting obligatory.

🔷 **At the time of iftar:** when we say the dua that the Prophet ﷺ taught us to recite when you break your fast in the persence of a group of people that feed you.

DUA MENTIONED IN THE VIDEO:

🔶 **The dua for breaking your fast with a group of people:**

[Ibn Majah] أفطر عندكم الصائمون ، وأكل طعامكم الأبرار ، وصلت عليكم الملائكة

🔶 **Transliteration:** aftara indakum as-saa'imoon, wa akala ta'aamakum al-abraar, wa sallat alaikum al-malaa'ikah.

🔶 **Translation:** May the fasting people break fast at your place, and may the pious eat from your food, and may the angels pray for you.

202 13

21 Doctor • 20 hours ago (edited)

🔶 **SUMMARY OF EPISODE 4:**

🔷Every night before you go to bed, an angel and a devil come before you, and they prompt you towards things. The devil prompts you towards evil and promises you poverty and tragedy whilst the angel prompts you towards the good and towards the promises of Allah.

🔷In the moments before you sleep, an angel comes to you and says: "End your night well" (three times). The devil comes and says: "End your night in evil" (three times) in full hopes that you go to sleep with an evil word, an evil sight or an evil exchange.

🔷Catching you in the act of evil before you sleep is important to the devil since in Islam, our actions are judged by their endings. Hence, It is the last chance for the shaytan to negate an entire days worth of goodness. Also, sleep is considered a minor form of death (because our souls return back to Allah) so it is also the best time to make you slide towards evil before your soul leaves your body to meet Allah.

🔶 **WHAT CAN BE DONE TO PREVENT THIS?**

■ **Sleeping in a state of Wudhu:** When you purify your body by making wudhu before bed, Allah sends an angel that spends the entire night at your head praying to Allah for your forgiveness.

■ **Reciting Ayat-ul-kursi:** An angel will stand guard and protect you from any shayateen that could possibly come near you during the night.

🔷By doing these things, If you were to die during the night, you die in a state of dhikr and are brought to Allah in a state of rememberance.

🔷If you wake up in the morning, you wake up in a state that is already oriented and energized to cling back to Allah because remembering Allah was the last thing you did before you went to sleep.

428 25

Sparkles of humility • 20 hours ago (edited)

SUMMARY OF EPISODE 4

🌟So much of what you do during the day depends on how you went to sleep the night before...

🌟The angels involvement in your sleep and the effect that it's going to have the next morning...

🌟You are going to sleep and You have a few choices to make:

1. Am I going to recite all the rememberances, the Prophet ﷺ recommended or should I recite this later...
2. Should I make my wudhu and sleep in the state of purity...
3. I'm not geeting sleep so should I scroll through social media etc...

So much you can do in those few moments before you go to sleep!

🌟🌟The Prophet ﷺ said,
"Every night as you go to bed, an Angel and a devil start to prompt you."

🌟In those moments an angel comes to you and says,
"Ikhtin bi khair!"
"End ur night well"
"End ur night well"
"End ur night well"

📍And the devil comes and says,
📍End your night in evil!

🌟🌟"Because our actions are judged by their endings."

🌟This is the last moment of the night,
And you are going into death,
Because in the night when you are sleeping, it is a "minor death".
🌟You don't know whether you will wake up the next morning...
🌟Your soul goes back to Allah subhanawa ta'ala!

📍And the devil comes and says,
📍End your night in evil!

🌟🌟"Because our actions are judged by their endings."

🌟This is the last moment of the night,
And you are going into death,
Because in the night when you are sleeping, it is a "minor death".
🌟You don't know whether you will wake up the next morning...
🌟Your soul goes back to Allah subhanawa ta'ala!

So the angel says,
"End your night with good actions and the rememberance of Allah Subhanawa ta'ala!"

🌟🌟The Prophet ﷺ says,
1.Purify your body so that allah may purify You as you go to sleep.
🌟And the angels will pray for Allah's forgiveness for you for sleeping in the state of purification.
2. To recite "Ayatul Kursi" as Allah would send an angel that would stand guard for you and protect you from shaitaan that could come anywhere near you throughout the night.

🌟🌟So therefore you end your night well and so if you die that night on Dhikr,
you return to Allah Subhanawa ta'ala in the **state of remembrance** as opposed to whatever you were doing before you went to sleep!

🌟🌟And if you wake up in the morning, you are already **ORIENTED TOWARDS ALLAH** (Subhanawa ta'ala) ready to cling back to those things that you went to sleep with so that you can continue your direction and your pursuit of it!

21 Doctor • 1 day ago (edited)

🔶 **SUMMARY OF EPISODE 5:**

The last episode talked about the practices regarding sleep hygiene that are encouraged by the Prophet ﷺ before we go to sleep. (So that we wake up the next day with a renewed sense of purpose to serve Allah SWT) This episode will continue the talk about recommendations of how to start off our day.

🔶 **BLESSINGS OF THE TIME OF FAJR: "THE QURAN AT FAJR IS WITNESSED"**

🔷 Quran at fajr is supposed to be the longest recitation, so that we start off our day connected to Allah. Waking up for Fajr, and remembering Allah as the first thing you do in a day, is so important that a hadith mentions a person who sleeps throughout the night (waking up after sunrise) as a person whose ear shaytan has urinated in.

🔷 The angels alternate in shifts. The shifts switch:

■ At the time of Fajr
■ At the time of Asr

🔷 At the time of Fajr, if you are engrossed in the rememberance and worship of Allah, the angels of both your morning shift and evening shift, will witness you reciting the Quran. Both of the parties will gather and listen to your recitation, because at the time of switching of the shifts, thats what they witnessed you to do.

🔷 **The benefit of this is:** when the angels report back to Allah, Allah will ask them: "How did you find my servant?" The angels will reply: "We left them in a state of prayer and we came to them in a state of prayer. They were constantly in the state of prayer." You will be written down amongst the people who glorified Allah in the early mornings.

🔶 **UTILIZING THE TIME OF FAJR AND THE TIME AFTER ASR TO GET AHEAD IN LIFE: "MY NATION IS BLESSED IN ITS MORNINGS" (Hadith)**

As muslims, we are encouraged to be sincere and moderate in our good deeds. We are told to do our best and aim for perfection, but to have moderation in the pursuit of that perfection.

🔷 A good way of maximizing the efforts of this pursuit, is by using the time after fajr and the evening before dusk, to get

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🔷 A good way of maximizing the efforts of this pursuit, is by using the time after fajr and the evening before dusk, to get

ahead in our endeavours. Why is this time singled out for us? Because this is the time that the angels are gathered around us (due to the switching of the shifts). They will see us in a state of Dhikr and remembrence and this will allow us to have a head start in everything even if its in the pursuit of a halal income because this time has its own unique blessings as mentioned by our Prophet ﷺ.

281 10

🔶SUMMARY OF EPISODE 6:

🔷The prophet (SAW) gave this beautiful remeberence-that we should start our day outside of the home- so you wake up for Fajr, with remembrance and as you are opening your door, about to step out into the world, the Prophet (SAW) said that the two angles that are protecting you, they stand next to you and at the moment you say "bismillah watawakaltu allallah wa la hawla wa la quwatta illah billah"-"In the name of Allah, I put my trust in allah and there is no power or might except that which belongs to allah"

🔷The prophet SAW said when you say that as your entering into the world, exiting outside of your house, those angles respond to you- as you say "bismillah" (in the name of allah), they say "you have been guided", and as you say "I put my full trust in Allah" they say "you have been defended", against anyone who is going to try to harm you today, then when you say "there is no power or might except that which belongs to Allah" they say "you have been protected from all harm for the day"

🔷When you say that entering into the world, the two shayateen(devils) that want to attack you-one says to the other 'what can we do to a person who has been guided, defended and protected'- they know they cannot mess with you for the entire day, so they abandon you for the rest of the day

🔷This is a powerful connection with a famous story with Umar (radiallah hu anhu), he was so pure that he didn't just say these words, he lived these words(bismillah watawakaltu allallah wa la hawla wa la quwatta illah billah)-he had such a desire to be guided, that the Prophet (SAW) said that he was naturally guided to the truth because the angles would speak to him-his intuition just matched divine guidance, he had such trust in Allah (swt) that he couldn't be harmed from anyone else, and the power of Umar came from his belief in the power of Allah

🔷And the famous story is that the prophet saw said when umar(radiallah hu anhu) takes a path, the shaytaan takes another path, the shaytaan will not even be seen on the same street as Umar(radiallah hu anhu)

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🔶HOW DO WE BRING THAT INTO OUR OWN LIVES

🔷As we are entering into the world:

بِسْمِ اللهِ ، تَوَكَّلْتُ عَلَى اللهِ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّابِاللهِ

"In the name of Allah, I have put my trust in Allah and there is no power or might except that which is with Allah"- and the angles responding that you have been guided, you have been defended, you will be protected and your shayateen knowing that you are going to be under the protection of the angles and the guidance of Allah throughout the day.

(Sorry for any spelling mistakes, let's all make this the best rammadan yet and remeber to say this dua everytime we step out of the house-Rammadan Mubarak💜)

88 5

Fanta_eats • 1 day ago (edited)

🔶SUMMARY IF EPISODE 7:

🔷A lot of life is about how the world is going to treat you, but what do you intend to with the world around you?
We need to know that no dhikr, no remeberence can protect us from bad intensions-you cannot say dhikr and then have bad intensions and expect that the dhikr is going to cover your intensions.
The rememberence need to be an expression of what you long for in your heart-so as you open your door and you say
بِسْمِ اللهِ ، تَوَكَّلْتُ عَلَى اللهِ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّابِاللهِ
What is your intention for the world?

🔷I want you to visualise what the prophet (ﷺ) said here, in two narations:
Throughout the day, your going to gave an angle on your head that's going to have reins, the way that a horse has reins on it, on top of that you are going to have a banner, as you carry out throughout the day.

🔷The prophet(ﷺ) said that "No person leaves the home, except that there is a shaytaan and an angle both waiting with a banner in their hands"
If a person intends or does what Allah(ﷻ) loves for the day then the angle follows that person for the rest of that day with a banner, and that person does not relinquish that banner over their head until they arrive home

🔷So Subhannalah, you have desired to do good today, you wanted to stay engaged with that which is beloved to Allah(ﷻ)and that angle carries that banner over your head through the day, that you are a person that is out there for the live of Allah(ﷻ)

🔷Another person has a shaytaan carrying a banner over his head, this is a person that is out to carry evil, in the world today

🔷In another narration the Prophet (ﷺ) mentioned, that no human being leaves the house except that there is an angle over, their head with reins, if you are humble, Allah(ﷻ) tells the angles to raise those reigns

🔷The Prophet(ﷺ) said that whoever imbues themselves to their lord. Allah(ﷻ)raises them. their lord elevates them. this

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🔷The Prophet(ﷺ) said that whoever imbues themselves to their lord, Allah(ﷻ)raises them, their lord elevates them, this

is the implication of that, that the angle raises your head, meaning raising your rank in a spiritual way that is pleasing to Allah(ﷻ). The Prophet (ﷺ) also said "If he is arrogant then Allah tells the angle to lower his rein" so the angles pulls your head down, spiritually once again so that you are humiliated, because the one that shows pride, is humiliated in the sight of god

🔷So when you are walking out of the house whenever that may be, and your making that dhikr, your staying that remeberence, dont just state that remembrance, refresh you intension, renew your intension to do good in the world, and renew it throughout the day so that you can maintain that humility for Allah(ﷻ), so Allah makes you amongst those who proceed under the banner of his love, and Allah makes you amongst those that are raised in honour by the angle that he has put on your head.

176 12

VIEW 12 REPLIES

Sparkles of humility • 20 hours ago (edited)

SUMMARY OF EPISODE 7

🌟Your greatest test of humility and honour is going to come **when you meet someone who absolutely has none of those things (i.e people of no character)**

🌟 As Imam Al Ghazali (RA) said

The greatest test of good character is **how a person deals with someone with bad character**

🌟That's where the **flaws of tongue, character and heart comes out**

🌟That's where **arrogance and many of those things starts manifesting and so *how are we able to deal with it?**

🔷The incident in the life of Prophet ﷺ:
The Prophet ﷺ was sitting with Abu Bakr (RA) all day long,
And a man started to insult Prophet ﷺ and Abu Bakr (RA).
The Prophet ﷺ did which he always did, **Responding with Patience**
He ﷺ **did not entertain insults in any way whatsoever and did not respond in like manner**
Abu Bakr (RA) who loved the Prophet ﷺ more than himself, was witnessing those insults and finally, He (RA) coudn't hold himself and he responds.
🌟 As soon as He (RA) responds, the Prophet ﷺ gets up and leaves.

🌟 The Prophet (SAW) gives **The reason of leaving that place**
to Abu Bakr (RA),

"Before we were sitting there, Allah had sent **an angel from the heavens and the angels were responding to everything that were being said to us.**
And then as soon as He (RA) **started to respond** , the angels left and a devil came and sat in its place."

And then as soon as He (RA) **started to respond** , the angels left and a devil came and sat in its place."

So the Prophet ﷺ **did not want to sit in the presence of Shaytaan**

🔷 ESSENCE

🌟Strength is not the one **who overcomes people by his strength**
It's actually in **how you overcome yourself**
The strong is the one **who controls himself in anger!**

📍 **Don't let Shaitaan take the driver seat and you take the passenger seat!**

Controlling Yourself by **yielding to the angels to respond on your behalf** is what the Prophet ﷺ is teaching us with this...
And when you do that as
Imam Al Ghazali (RA) said,
Not only **do you cause the Shaitaan to miss you with his arrows but you also cause him to waste arrows** hence making the Shaitan despair in you in being able to get you out of your element so that you start to respond someone with bad character with bad character as well!

But when you **control yourself, the angels raises you and your station in the sight of Allah Subhanawa ta'ala!**
📍 **Stop acting like the Shaitaan's mailman!**

I am good, I am in my element, the angels will take care because I said,

Bismillah
(In the name of Allah)
Wa Tawakkaltu alAllah
(I put my trust in Allah)

Bismillah
(In the name of Allah)
Wa Tawakkaltu alAllah
(I put my trust in Allah)

Wala haula wala quwata illah billah
(And there is neither power nor might except that which belongs to Allah)

🔷Remember the one who **shows pride is humiliated in the sight of Allah Subhanawa taa'la!**

🔷Important: Don't just state that remembrance,
Refresh and renew your intentions to do good in the world throughout the day so that you can maintain **THE HUMILITY FOR ALLAH SUBHANAWATA'ALA!**

So that Allah makes you among those that proceed under the banner of HIS (Allah Subhanawa taa'la's) love and raise you in honor by the angel that Allah has put on your head!

And surely Allah suffice you through those angels he had sent!
Hope this helps,
Jazak Allah khair,
Salaam🌟

Fanta_eats • 17 minutes ago

🔶SUMMARY OF EPISODE 8

🔷As you have the angles reins on your head
Allah(ﷻ) increases a person in honour with their humility your greatest test if humility and honour is going to come when you meet someone who has absolutely none of those things-you encounter people of no character
"The greatest test of good character, is how a person deals with someone with bad character" That's where the flaws of the tongue come out that's where the flaws of character, the flaws if the heart, arrogance, pride, those things manifest and how you are going to deal with someone.

🔷You get to work, you meet someone that's being a jerk to you or your on social media and you see someone that's saying certain things to you, think about this incident that took place with the prophet and Abu Bakr

🔷The prophet(ﷺ) was sitting with Abu Bakr and a man started to insult them, bow the prophet(ﷺ) was doing what he always did-responding with patients the prophet(ﷺ) did not entertain the insult in any way whatsoever, he definitely did not respond in like manner. Abu bakr, who loved the prophet more that he loved himself, witnessing those insults, and finally he cannot hold himself and he responds, as soon as he responds the prophet gets up and he leaves, now Abu Bakr seeing the prophet(ﷺ) get up and leave, is afraid that he may have offended the prophet, or that the prophet was upset with him.
So the prophet(ﷺ)was sitting and Abu Bakr came to him and he says "O messenger of Allah, are you upset with me, is it something that I did" and the prophet said that when we were sitting there before we there responding, before we were responding to those insults, Allah(ﷻ) had sent an angles from the heavens and that angle was responding to everything that was being said to us, and then as soon as you started to respond the angle, the angle left and a devil came and sat in its place and the prophet(ﷺ) said "I did not want to sit in the presence I'd that shaytaan"

🔷A specific angles was sent down to respond, and as soon as you respond on your part the angle leaves and a shaytaan

to sit in the presence I'd that shaytaan"

🔷A specific angles was sent down to respond, and as soon as you respond on your part the angle leaves and a shaytaan

comes and basically eggs you on, that is why the prophet said the "Strength is not in how you overcome another person strength is actually in his you overcome yourself""...The one who owns themselves still controls them selves in times of anger, in times of rage" they are still in the driver's seat because ultimately what usually happens is that whether someone is speaking to you in a certain way in person or online, you tend to respond out of the sence of pride, and in the process of that you let the shaytaan into the driver seat and you take the passenger seat.
That's why you would say things in fits of rage that you otherwise would never say, and so controlling yourself bu yielding to the angle to respond on your behalf, is what the prophet is teaching us with and when you fo that, not only do you cause the shaytaan to miss you with his arrows, but you also cause him to waste arrows-your making the shaytaan despair in you in being able to get you out of your element that you start to respond to someone with bad character with bad character as well and again connected to hadith from last video that the angle raises your reins in the sight of Allah (ﷻ)

🔷A man came to him and he said so and so said this about you , suddenly shaytaan not find a postman, a male man other than you, stop acting like the shaytaan mailman, I'm ok I'm good, I'm in my element the angles will take care because I said bismillah....I put my trust in Allah(ﷻ), it was told I was going to be defended and Allah(ﷻ) will surely suffice you, though those angles that he has sent I dont feel the need to denigrate myself by responding in alike matter so I remain dignified in the sight if insult, and in the process Allah(ﷻ) honours me, we ask Allah(ﷻ) to honor us all.

3 1